



Bios - Contributors

Leslie Becker-Phelps, PhD, is a licensed psychologist who treats individuals and couples in her private practice in Basking Ridge, NJ. She writes for WebMD's *Relationships* blog and writes another blog called *Making Change for Psychology Today*. She is the author of *Insecure in Love* (2014). Read more at www.drbecker-phelps.com.

Mary Kelly Blakeslee, PhD, is a licensed psychologist who retired from her practice in Summit, NJ after 30 years of work in the field. In retirement, she is serving as a Member-at-Large on the executive board of the New Jersey Psychological Association and writes. She volunteers for Southern Ocean Medical Center and Meridian At Home Hospice program, as well as takes classes in writing and painting.

Janie Feldman, PsyD, a licensed psychologist in Warren, NJ, has over 20 years' experience providing psychotherapy, consultation, and assessment to adults, teenagers, and children. Dr. Feldman conducts Friendship Groups, a form of social skills training in a group therapy format. Utilizing Cognitive-Behavioral Therapy, Dr. Feldman offers effective treatment for anxiety, depression, OCD, ADHD, and other mental health challenges. Appearing live on the cable television show *Real Life with Mary Amorosa*, she fielded callers' questions and discussed reactions to the 9/11 terrorist attack, surviving marital affairs, managing children's behavior, and exploring female aggression. Dr. Feldman wrote numerous articles and blogs, and frequently posts informative and inspirational tweets on Twitter. Follow her at @DrJanieFeldman or visit her at www.drjanie.com.

Eric Herschman, PsyD, is a licensed psychologist and certified school psychologist in New Jersey. He works full time in a high school and has a part-time private practice in Randolph and Sparta with over 25 years' clinical experience assessing and treating a variety of psychological issues. Dr. Herschman uses a straight forward approach that interweaves humor and sensitivity to provide an optimal atmosphere for psychotherapy.

Barbara Rosenberg, PhD, is a psychologist in clinical practice in Summit, NJ. She has been treating children, adolescents, adults, couples, and families for 30 years. Dr. Rosenberg served on the board of the Essex-Union County Association of Psychologists (EUCAP). For several years she was the EUCAP Program Committee chair developing and organizing educational programs for psychologists. Dr. Rosenberg also writes a

column called *Ask Dr. Barb* for the magazine *At Home NJ*. Her columns answer questions about family and couple relationships, life transitions, child rearing, work stressors, as well as personal challenges impacting decision-making and behavioral change. Her articles and columns appear on her website www.barbararosenberg.com, as well as on the magazine website AtHomeNJ.com.

Jeffrey C. Singer, PhD, is an associate psychologist in private practice at the Morris Psychological Group, PA, in Parsippany, NJ. There he maintains a comprehensive forensic and clinical practice, with the ultimate goal of meeting each client's unique needs. He is a past-president of the New Jersey Psychological Association (NJPA), as well as the Essex and Union County Association of Psychologists (EUCAP). Since 1995, he treats sexual offenders. Dr. Singer has expertise in evaluating sexual offenders, addressing such complex issues as child pornography, community notification, risk assessment, and involuntary civil commitment proceedings under "sexually dangerous person" or "sexually violent predator" statutes. Dr. Singer has several publications dealing with sexual offenders. He regularly testifies as an expert witness in state and federal courts. Aside from being active in various professional organizations, Dr. Singer was an adjunct instructor, teaching graduate level courses in forensic ethics, as well as abnormal psychology. He serves on two editorial boards and has also given numerous educational presentations and workshops.

Michael D. Zito, PhD, is a New Jersey licensed psychologist with 33 years of experience practicing clinical and sport/performance psychology. He is a certified consultant through the Association of Applied Sport Psychology and an adjunct professor at Montclair State University, since 2004. Dr. Zito appeared on Channel 9/Fox News and his work was featured in the January 2012 issue of *SELF* magazine. He authored a chapter in the 2010 edition of the *Routledge Handbook of Applied Sport Psychology* titled *Family Systems Interventions in Sport*. He conducted over 30 sport psychology presentations/workshops at international, regional, and local venues. He is experienced with adult, collegiate, high school, and youth players, teams, and coaches in a variety of sports, and also Broadway actors and competitive chess players.