

Movie Synopsis: All The Rage

By Jeffrey Axelbank, Psy.D.

“Oh, my aching back!” stops here...

The numbers are staggering: over 100 million people in the US affected by chronic pain, with estimates of the annual cost of treatments ranging from \$50 billion to \$200 billion. And this doesn't even include the cost of lost work time, or the disruptions to families, not to mention the impact of pain on peoples' lives and happiness. And yet the treatments we have - surgery, various injections, and opioids - don't work very well and have serious risks and side effects, including being a primary cause of the current opioid epidemic.

That's the issue that the new documentary film *All The Rage* tries to tackle. The movie follows the filmmaker Michael Galinsky's struggle to control and stop his chronic pain, and his discovery of the work of John Sarno, MD, author of bestselling books such as *Healing Back Pain*. In the 1980's Dr. Sarno noticed that his chronic pain patients at NYU Medical Center got completely cured when they acknowledged their unconscious anger! Rather than “managing” their pain, they became completely pain-free. *All The Rage* examines Dr. Sarno's theories and the resistance he met as he challenged some of the medical establishment's assumptions.

By weaving together his own odyssey with interviews of Dr. Sarno and some of his ordinary and famous patients, including Howard Stern and Larry David, and other experts, Galinsky created an emotionally moving and entertaining movie that gets you thinking about some of our assumptions about medical care and the connection between the mind and the body. Following the showing, there will be a question and answer session with a panel of psychologists and doctors.

**The screening will be followed by a question and answer sessions with a panel of doctors, psychologists and therapists. Tickets must be purchased online in advance.*

- North Brunswick – Regal Commerce Center Cinema, Tuesday September 26, 7:30 p.m.

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