

## Jeffrey H. Axelbank, Psy.D.

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Psychologist and Management Consultant  
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### EDUCATION:

**Rutgers University**  
October 1992

*Graduate School of Applied and Professional Psychology (GSAPP), New Brunswick, NJ* Doctor of Psychology (Psy.D.) - Clinical Psychology

**Cornell University**  
May 1980

*College of Engineering, Ithaca, NY*  
B.S. in Electrical Engineering with “minor” in Psychology  
Courses included social, developmental, and abnormal psychology, psychotherapy and clinical fieldwork.

### ACADEMIC HONORS:

- Dean's List four semesters, Cornell University
- Member, *Tau Beta Pi* Engineering Honorary, Cornell University, 1980
- Member, *Eta Kappa Nu* Electrical Engineering Honorary, Cornell University, 1980

### AWARDS:

- *Peterson Prize* – Rutgers University, Graduate School of Applied and Professional Psychology, 2013
- *Psychologist of the Year* – New Jersey Psychological Association, 2011

### SPECIALIZED TRAINING:

- *Small Study Group Consultation Training* – Center for the Study of Groups and Social Systems (Boston Affiliate of the A.K. Rice Institute for the Study of Social Systems), Stockbridge, MA, November 2012
- *Managing a Future Search Conference* – The Future Search Network, Radnor, PA, May – June 2009
- *The Dynamics of Organizational Consulting* - William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology, New York, NY, September 1998 - June 2000
- *New Jersey Child Sexual Abuse Training Institute - Child Sexual Abuse Case Consultation Project*, January 1994 - December 1994

**EMPLOYMENT:**

- Principal**  
September 1997 - present  
*Jeffrey H. Axelbank, Psy.D. Management Consulting, Highland Park, NJ*  
Management Consultant and Executive Coach specializing in the functioning of teams and groups using a customized approach which goes beyond organizational development. Consult to organizations on preventing burnout, building teams, managing transitions, improving communications, resolving conflict, strategic planning, and family business issues.
- Clinical Psychologist**  
July 1993 - present  
*Private Practice, Highland Park, NJ*  
Deliver psychotherapy services to individuals, groups, couples and families. Work with children, adolescents, and adults. Provide clinical supervision to other professionals.
- Field Supervisor**  
June 1995 - present  
*Rutgers University Graduate School of Applied and Professional Psychology, Piscataway, NJ*  
Supervise clinical psychology doctoral students, training them in psychotherapy.
- Editor**  
February 2005 – April 2010  
*GSAPP Alumni Newsletter, Rutgers University, Piscataway, NJ*  
Editor of semi-annual newsletter for Alumni Organization of the Rutgers University Graduate School of Applied and Professional Psychology.
- Adjunct Professor**  
Summer 1999 – Summer 2001  
*William Paterson University, Wayne, NJ*  
Designed curriculum and syllabus, co-taught graduate-level course titled “Understanding Group Process and the Psychology of Organizations” in the Masters Degree in Educational Leadership Program. Course combined didactic and experiential components.
- Consultant**  
Summer 1998  
*Rutgers University Center for Applied Psychology, Piscataway, NJ*  
Member of team consulting to major department of the State of New Jersey. Lead group discussions, participate in team meetings assessing organizational issues.
- Psychologist**  
February 1996 - May 1999  
*Central New Jersey Jewish Home for the Aged, Somerset, NJ*  
Provide evaluation, individual and group treatment to elderly residents of this nursing home.
- Contributing Faculty**  
June 1995 - December 1996  
*Rutgers University Graduate School of Applied and Professional Psychology, Piscataway, NJ*  
Led a “Rap Group” of first year psychology doctoral students.
- Associate**  
November 1994 - October 1995  
*Group Psychotherapy Associates, Cranbury, NJ*  
Provide individual, couples, and family therapy to adolescents, and adults.

**Senior Clinical  
Psychologist**  
September 1992 -  
January 1995

*Middlesex County Mental Health Clinic, Old Bridge, NJ*

Full-time position in county-funded outpatient clinic. Provided individual, couples, family, and group therapy for children and adults. Responsible for minimum of 50 active cases, and ten new cases per month.

### **ORGANIZATIONAL CONSULTATIONS:**

- National Institute for Early Education Research (strategic planning via Future Search Conference – Early Education in Irvington, NJ)
- Borough Council and Mayor (strategic planning)
- Law firm (organizational development)
- Family Business (strategic planning)
- Cosmetics Raw Material Manufacturing Firm (conflict resolution)
- Travel Agency (staff conflict resolution, executive coaching)
- Public High School (youth violence prevention)
- Charter School (organizational assessment and Board development)
- Fortune 500 Pharmaceutical (plant closing)
- Large urban social service agency (executive coaching)
- Software Firm serving the Financial Sector (management team development)
- Charter School (organizational assessment)
- Childcare center on a university campus (conflict resolution)
- Shelter for homeless women and families (burnout prevention)
- Retail consumers' cooperative (staff turnover)
- Community mental health residence provider (burnout prevention)

**PRACTICA AND PREVIOUS EMPLOYMENT:****Psychology Intern**September 1991 -  
September 1992*Department of Veterans Affairs Medical Center, Brooklyn, NY*

Full-time comprehensive training program, involving intensive individual and group supervision, and extensive seminar program. Clinical responsibilities included treating individuals, couples, and families in outpatient therapy, and doing psychological testing and evaluations. Worked on a dual diagnosis (psychiatric/substance abuse) inpatient unit providing individual and group psychotherapy, and representing psychology on a multidisciplinary treatment team. Also provided daily group therapy and carried an individual caseload on a substance abuse inpatient unit.

**Mental Health  
Clinician Trainee**September 1990 -  
February 1991*Metuchen Outreach Office, University of Medicine and Dentistry of New Jersey -*

*Community Mental Health Center (UMDNJ-CMHC), Metuchen, NJ* Two day per week practicum. Responsibilities included individual, family, and group therapy at this CMHC outpatient office.

**Psychotherapist**September 1989 -  
June 1990*Lakeland-Andover School, Lafayette, NJ* One day per week practicum job.

Provided individual and group therapy for students, consultation to parents and teachers, and liaison to outside agencies at this day school for adolescents classified as emotionally disturbed.

**Mental Health  
Clinician Trainee**September 1988 -  
August 1989*Acute Psychiatric Service, UMDNJ-CMHC, Piscataway, NJ* One day per week

practicum. Assessed, provided crisis interventions, and made disposition decisions for patients who appeared at this psychiatric emergency room.

**Mental Health  
Specialist**December 1987 -  
August 1989*Acute Psychiatric Service, UMDNJ-CMHC, Piscataway, NJ* One day per week

practicum job. Responsible for telephone crisis counseling, screening of potential patients, patient management, and liaison to community agencies in this psychiatric emergency room. Also worked on-call shifts on adult inpatient psychiatric unit.

**Group Leader**February 1989 -  
May 1989

*Saturday Enrichment Program, Center for Applied Psychology, Rutgers University, Piscataway, NJ* Designed and facilitated 10-week psychoeducational parents' group in a program for gifted children 4-5 years old.

- Jr. Staff Member** *Rutgers College Counseling Center, Rutgers University, New Brunswick, NJ*  
September 1987 -  
June 1988  
Two day per week practicum job. Provided individual and group outpatient therapy in college counseling center, coordinated and facilitated psychoeducational workshops for various campus groups.
- Assistant Director** *Cambridge House, Cambridge and Somerville Cooperative Apartment Project (CASCAP), Cambridge, MA*  
April 1986 - July 1987  
Full-time job. Second-in-command at community residence for severely and persistently mentally ill adults. Co-supervised a staff of ten, responsible for scheduling and liaison to outside agencies.
- Milieu Therapist** *Cambridge House, CASCAP, Cambridge, MA*  
January 1985 -  
April 1986  
Full-time job. Line staff member at community residence for severely and persistently mentally ill adults.
- Consultant** *Grape-Nuts American Bike Festival, Boston, MA*  
March 1985 -  
September 1985  
Managed regional bicycle festival for 3,000 cyclists, including supervising a paid staff of two and 200 volunteers.
- Design Engineer** *Teradyne, Inc., Boston, MA*  
August 1980 -  
March 1984  
Electronics Engineer for company building state-of-the-art automatic test equipment.
- VOLUNTEER EXPERIENCE:**
- Small Group Leader** *Human Sexuality Program, UMDNJ, Piscataway, NJ*  
January 1990 and  
January 1991  
Forty hours, in one week. Facilitated small group for week-long, intensive course on human sexuality for medical and mental health students and professionals.
- Supervisor/Trainer/  
Counselor** *Project Place, Boston, MA*  
February 1985 -  
March 1987  
15 hour per week commitment. Supervised trainers, facilitated training sessions for hotline volunteers, and provided crisis and long-term counseling for drop-in clients at this center for poor and homeless individuals.
- Support Group  
Organizer** *New England Rehabilitation Hospital, Woburn, MA*  
June 1981 - June 1983  
Organized monthly self-help support groups for graduates of the Precision Fluency Shaping Program for stutterers. Facilitated monthly meetings.

**Counselor**

September 1979 -  
May 1980

*Willard Psychiatric Center, Willard NY* Four hours per week clinical fieldwork. Worked on a token economy transitional unit at state psychiatric hospital, and met weekly with one male patient in individual and group sessions.

**PROFESSIONAL MEMBERSHIP/OFFICES HELD:**

- International Society for the Psychoanalytic Study of Organizations
- A.K. Rice Institute for the Study of Social Systems (National)
- New York Center of the A.K. Rice Institute
- American Psychological Association
- New Jersey Psychological Association (*Insurance Committee Chair, July 2011-present*)
- Middlesex County Association of Psychologists (*Founding President, 10/96 – 12/2001, Treasurer, 2004-2005, IT Committee Chair, 2006-present*)
- New Jersey Group Psychotherapy Society
- American Group Psychotherapy Association
- Future Search Network

**ARTICLES AND PUBLICATIONS:**

Axelbank, J. (2013). Expand the pie to get a bigger piece. *The National Psychologist*, 22(3), May/June.

Minardo, J., Rothbaum, P.A., Axelbank, J., and Helfmann, B. (2013). NJPA harnessing the power of the insurance complaint registry: Putting our data to work! *New Jersey Psychologist*, 63(1), Winter, pp. 26-32.

Axelbank, J. (2012). Smoke in our offices: What can we do? *Independent Practitioner*, 32(2), Spring, pp. 42-44.

Axelbank, J. (2010). Two GSAPP grads help lead NJPA fight against MH insurance companies: Aim to protect patients and privacy, launch new website: [www.speakyourmindnj.org](http://www.speakyourmindnj.org). *GSAPP Alumni Newsletter*, XI(1), Spring, pp. 1, 4.

Axelbank, J. (2003). Psychoanalytic Organizational Psychology Going Incognito [Review of *Managing in the New Team Environment: Skills, Tools, and Methods*] *Psychologist-Psychoanalyst*, XXIII(2), Spring, pp. 28-30, 32.

Axelbank, J. (2003). Psychoanalytic Organizational Psychology Lite [Review of *The leadership mystique: An owner's manual*]. *Human Relations*, 56(3), 370-375.

- Axelbank, J. (1998). A transcendent view of therapy with the Aged [Review of Psychotherapy with the Elderly: Becoming Methuselah's Echo]. Contemporary Psychology, 43 (9), 616-617.
- Axelbank, J. (1998, April 3). Charter schools are trying to coexist with local school boards. Edison/Metuchen Review and Highland Park Herald, p. A7.
- Axelbank, J. (1998, March 29). Charter schools can work. The Star Ledger, Sect. 10, p. 9.
- Axelbank, J. (1997, December 5). Holiday time puts focus on relationships. The Jewish State, p. 6-7.
- Axelbank, J. (1997). Minimize the risk of costly discrimination claims. CEO Executive Report, Vol. VI, No. 4, p. 6. (Available from The Consultants Bureau, P.O. Box 10057, New Brunswick, NJ 08906.)
- Axelbank, J. (1995, November 12). Rat tale is weighty: Comic-book genre faces child abuse head on. [Review of The tale of one bad rat]. The Home News and Tribune, p. H6.
- Axelbank, J. (1992). An organizational consultation and proposed intervention for preventing burnout in staff of a community residence. Unpublished doctoral dissertation, Rutgers University, New Brunswick, NJ.
- Axelbank, J. (1991). The good, the bad, and the ugly: Looking back at four years at GSAPP. GSAPP Process: Exploring Training at GSAPP, 2 (3), 4-8. (Available from Graduate School of Applied and Professional Psychology, Rutgers University, P.O. Box 819, Piscataway, NJ 08855-0819)
- Axelbank, J. (1991). What it is like being a man at GSAPP. GSAPP Process: Exploring Training at GSAPP, 2 (2), 15-16. (Available from Graduate School of Applied and Professional Psychology, Rutgers University, P.O. Box 819, Piscataway, NJ 08855-0819)
- Axelbank, J. (1991). The war and psychotherapy: One clinician's view. GSAPP Process: Exploring Training at GSAPP, 2 (1), 6-8. (Available from Graduate School of Applied and Professional Psychology, Rutgers University, P.O. Box 819, Piscataway, NJ 08855-0819)
- Axelbank, J. (1990). Did you do the reading?. GSAPP Process: Exploring Training at GSAPP, 1 (4), 1,7-8. (Available from Graduate School of Applied and Professional Psychology, Rutgers University, P.O. Box 819, Piscataway, NJ 08855-0819)
- Axelbank, J. (1990). Meta messages and GSAPP's mission. GSAPP Process: Exploring Training at GSAPP, 1 (3), 12-14. (Available from Graduate School of Applied and Professional Psychology, Rutgers University, P.O. Box 819, Piscataway, NJ 08855-0819)

Applied and Professional Psychology, Rutgers University, P.O. Box 819,  
Piscataway, NJ 08855-0819)

Axelbank, J. (1990). Memo shakes GSAPP's spirit of collaboration. GSAPP Process: Exploring Training at GSAPP, 1 (2), 6-7. (Available from Graduate School of Applied and Professional Psychology, Rutgers University, P.O. Box 819, Piscataway, NJ 08855-0819)

Axelbank, J. (1990). Anxiety 101: Leading the Passover Seder. Lilith: The Magazine for Jewish Women, 15 (2), 13-15.

Seaton, J., & Axelbank, J. (1982). Designing a high speed vector bus to meet the requirements of Analog LSI Testing. Digest of Papers - 1982 International Test Conference. Silver Springs, MD: IEEE Computer Society Press.

## LEGISLATIVE TESTIMONY

- *NJ Senate Legislative Oversight Committee*, Hearing on Mental Health Insurance, July 18, 2013 (recording at <http://bit.ly/19aaJhF> )

## MEDIA APPEARANCES:

- *Huffington Post*: "Rape Victim's Choice: Risk AIDS or Health Insurance?" [http://www.huffingtonpost.com/2009/10/21/insurance-companies-rape-n\\_328708.html](http://www.huffingtonpost.com/2009/10/21/insurance-companies-rape-n_328708.html) October 21, 2009
- *Psychology Matters*, Highland Park, NJ Local Access Cable Channel, Highland Park, NJ, Spring 2001
- *The Liz Maita Show*, WCTC 1450 AM, New Brunswick, NJ, March 17, 1998.
- *The Liz Maita Show*, WCTC 1450 AM, New Brunswick, NJ, November 24, 1997.
- *Family Talk*, The COMCAST TV Network, Union, NJ, April 16, 1997.

## SERVICE ON COMMITTEES:

- *Chair, Insurance Committee*, New Jersey Psychological Association, July 2011 - present
- *Chair, Public Relations Committee, NJPA Project on the Crisis in Mental Health Insurance*, New Jersey Psychological Association, July 2009 – July 2011
- *Steering Committee, NJPA Project on the Crisis in Mental Health Insurance*, New Jersey Psychological Association, July 2009 – January 2011



- Co-chair, *Ad-hoc Committee for Client Rights*, Middlesex County Association of Psychologists, September 2006 – August 2007
- President, *New Jersey Psychology Political Action Committee*, January 2002 – December 2002
- Treasurer, *New Jersey Psychology Political Action Committee*, January 2001 – December 2001
- Chair, *Children's Program Committee* (February 2000 – December 2002), *Secretary* (2004), and Member, *Board of Directors* (February 2000 – present), Highland Park Minyan, Highland Park, NJ,
- *Council on Psychological Health in our Communities*, New Jersey Psychological Association, April 1996 - 1998
- Chair, *Job Bank Committee*, Rutgers GSAPP Alumni Organization, April 1996 – December 2002.
- Chair, *Organizing Committee*, Middlesex County Association of Psychologists, Middlesex County, NJ. December 1995 - October 1996.
- *Ad Hoc Expansion Committee*, George Street Co-op, New Brunswick, NJ. March 1995 - June 1995.
- *Management Advisory Committee*, George Street Co-op, New Brunswick, NJ. October 1991 - March 1993.
- *Training Committee*, Psychology Service, Department of Veterans Affairs Medical Center, Brooklyn, NY. January - April 1992.
- *Admissions Group Interview Committee*, Graduate School of Applied and Professional Psychology, Rutgers University, New Brunswick NJ. September 1990 - March 1991.
- *Faculty Search Committee: Senior Faculty Member*, Graduate School of Applied and Professional Psychology, Rutgers University, New Brunswick NJ. 1989-1990.
- *Faculty Search Committee: Director of Center of Applied Psychology*, Graduate School of Applied and Professional Psychology, Rutgers University, New Brunswick NJ. 1988-1989.
- *Faculty Council: Student Representative*, Graduate School of Applied and Professional Psychology, Rutgers University, New Brunswick NJ. 1987-1988.

**CONFERENCES, WORKSHOPS, AND SEMINARS ATTENDED:**

- *Social Media and the Psychodynamics of Work in Groups and Organizations*, New York Regional Meeting, International Society for the Psychoanalytic Study of Organizations, New York City, October 27, 2012.
- *Polarity and its Containment: The Role of the Third*. New York Regional Meeting, International Society for the Psychoanalytic Study of Organizations, New York City, October 24, 2009.
- *An Orientation to Effective Meetings and the Future Search Method*, Professional Development Workshop at The Annual Meeting of the International Society for the Psychoanalytic Study of Organizations, Philadelphia, PA, June 2008.
- *Consulting to Family Businesses*, Professional Development Workshop at The Annual Meeting of the International Society for the Psychoanalytic Study of Organizations, Philadelphia, PA, June 2008.
- *Selling Psychoanalytic Consulting Services*, Professional Development Workshop at The Annual Meeting of the International Society for the Psychoanalytic Study of Organizations, Philadelphia, PA, June 2008.
- *New Psychoanalytic Responses in our work with Organizations and Society: The Annual Symposium of the International Society for the Psychoanalytic Study of Organizations*, Baltimore, Maryland, June 2005.
- *The Shadow of the Future: The Annual Symposium of the International Society for the Psychoanalytic Study of Organizations*, Coesfeld, Germany, June 2004.
- *Large Group Interventions*, Professional Development Workshop at The Annual Symposium of the International Society for the Psychoanalytic Study of Organizations, June 2004.
- *Power and Politics: The Annual Symposium of the International Society for the Psychoanalytic Study of Organizations*, Boston, MA, June 2003.
- *The Problematic Moment Approach: Finding Underlying Meaning in Organizational Discourse*, Professional Development Workshop at The Annual Symposium of the International Society for the Psychoanalytic Study of Organizations, June 2003.
- *Staying with the Primary Risk*, Professional Development Workshop at The Annual Symposium of the International Society for the Psychoanalytic Study of Organizations, June 2003..
- *Executive Learning: Purposes, Methods and Issues of Coaching Executives To Improve Individual and Organizational Performance*, William Alanson White Institute, New York, NY, January 2003.
- *Authority, Mutual Responsibility, and Interdependence in Organizational Systems and Society: An Eight-day Residential Conference*, The A.K. Rice Institute's 38<sup>th</sup> National Conference, Chicago, IL, June 2002.
- *Authority and Leadership in the Global Community : A five-day Residential Conference* , The Boston Center of the AK Rice Institute, The Center for the

- Study of Groups and Social Systems, Holyoke, MA, January 2002
- *Introduction to Critical Incident Stress Management*, University Behavioral Healthcare of The University of Medicine and Dentistry of NJ, Newark, NJ, September 2001
- *Campaign Approach to Organizational Change*, William Alanson White Institute, New York, NY, January 2001.
- *Authority and Management: Mentoring, Competition, & Succession*, The New York Center of the AK Rice Institute, New York City, December 2000.
- *Fall Meeting*, New Jersey Psychological Association, November 1997
- *Fall Meeting*, New Jersey Psychological Association, November 1996
- *Fall Meeting*, New Jersey Psychological Association, October 1995
- *Launching a Successful Consulting Practice*, The Consultants Bureau, October 1995
- *103rd Annual Meeting and Convention*, American Psychological Association, August 1995
- *Fall Meeting*, New Jersey Psychological Association, November 1994
- *Fall Meeting*, New Jersey Psychological Association, November 1993
- *Counseling and Care Across the Spectrum*, HIV Frontline Forum, May 1993
- *Fall Meeting*, New Jersey Psychological Association, November 1992
- *100th Annual Meeting and Convention*, American Psychological Association, August 1992
- *69th Annual Meeting and Conference*, American Orthopsychiatric Association, May 1992
- *Counseling Aspects of Early Intervention*, HIV Frontline Forum, March 1992
- *Desert Shield/Desert Storm: Mental Health Considerations*, Department of Veterans Affairs Medical Center, Brooklyn, Psychology Service 18th Annual Teaching Day, April 1991
- *Human Sexuality Program*, Univ. of Medicine and Dentistry of NJ, January, 1989
- *Understanding the Borderline Personality Disorder*, Community Program Innovations, October 1986
- *Conference and Institute*, Northeast Society for Group Psychotherapy, June 1986
- *Conference and Institute*, Northeast Society for Group Psychotherapy, June 1985
- *Suicide: A Clinician's Responsibility*, Harvard University, March 1985

### **CONTINUING EDUCATION CREDITS:**

- *Small Study Group Consultation Training*, November 2012 (12 cr.)
- *Concept of Technique & Problem of Self-Disclosure*, November 8, 1997 (2 cr.)
- *The Good and the Bad of Dieting: Dealing Effectively with Eating Disorders*, November 8, 1997 (2 cr.)
- *Hospital Privileges for Psychologists*, November 9, 1996 (2 cr.)
- *Revolutions in Psychoanalysis: Theory and Clinical Practices*, Mar. 23, 1996 (6 cr.)
- *Couples Group Therapy for Divorcing Couples*, October 28, 1995 (2 cr.)
- *How Psychoanalysis Works: New Approaches to the Therapeutic Action of*

- Psychoanalysis and Psychotherapy*, October 28, 1995 (2 cr.)
- *Defense, Transference and Countertransference in the Therapeutic Process*, November 6, 1993 (4-1/2 cr.)

### **PRESENTATIONS AND WORKSHOPS:**

- Axelbank, J. & Nguyen-Le, H. (2013 November). When Psychologists and Nutritionists Collaborate: Benefits & Boundaries. New Jersey Psychological Association Fall Conference, Woodbridge, NJ.
- Axelbank, J. & Nguyen-Le, H. (2013 March). When Psychologists and Nutritionists Collaborate: Benefits & Boundaries. Middlesex County Association of Psychologists, New Brunswick, NJ.
- Axelbank, J. & Frank, M. (2011 April). Experiential Training in Group Therapy. Rutgers University Graduate School of Social Work, New Brunswick, NJ.
- Axelbank, J. & Frank, M. (2010 October). Experiential Training in Group Therapy. New Jersey Psychological Association Fall Conference, Woodbridge, NJ.
- Axelbank, J. & Raider, L. (2010 May). Using Future Search for Community-building, Discovering Common Ground, and Action Planning. National Association of Social Workers, Atlantic City, NJ
- Axelbank, J. & Frank, M. (2010 May). Experiential Training in Group Therapy. National Association of Social Workers – New Jersey, Atlantic City, NJ
- Axelbank, J. & Frank, M. (2010 February). Experiential Training in Group Therapy. Middlesex County Association of Psychologists, East Brunswick, NJ
- Axelbank, J. & Frank, M. (2009 October). Experiential Training in Group Therapy. NJ Society of Clinical Social Workers, Wayne, NJ
- Axelbank, J. (2005 November). The Topic No One Wants to Talk About: When the Psychologist Becomes Ill or Dies (Panel Member). Morris County Psychological Association, Florham Park, NJ
- Axelbank, J. (2004 November). The Topic No One Wants to Talk About: Professional Wills (Panel Moderator). Middlesex County Association of Psychologists, New Brunswick, NJ
- Axelbank, J. (2003 November). Fatherhood and grandfatherhood: An interactive workshop. Men's Club of Anshe Emeth Memorial Temple, New Brunswick, NJ
- Axelbank, J. (2004 May). The Work of John Sarno, MD. Middlesex County Association of Psychologists, New Brunswick, NJ

- Axelbank, J. (2003 May). Group Therapy (Panelist). Middlesex County Association of Psychologists, New Brunswick, NJ
- Axelbank, J. (2003 April). Organizational coping: A new way to look at work stress. 41<sup>st</sup> Annual Meeting of the Association of Clerks of the District Courts of Virginia, Richmond, VA.
- Axelbank, J. (2003 March). The Threat of war: Helping our children. Highland Park Public School PTO Workshop Night. Highland Park, NJ.
- Axelbank, J. (1998 November). Surviving the holidays. Highland Park Senior Center. Highland Park, NJ.
- Axelbank, J. (1998 November). Surviving the holidays. Highland Park Senior Center. Highland Park, NJ.
- Axelbank, J. (1997 December). Relationship issues: An interactive workshop. Highland Park, NJ.
- Axelbank, J. (1997, September). Improving the workplace social environment. 1997 TC-1 User Conference, Newark, NJ.
- Axelbank, J. (1997, May). Stress in the workplace. New Jersey Association for College Admission Counseling, Annual Spring Conference, Eatontown, NJ.
- Axelbank, J. and Gentile, J. (1997, May). Anxiety: how therapy can help. Highland Park Public Library, Highland Park, NJ.
- Axelbank, J. (1997, May). Relationship issues for over-40 singles. B'nai Tikvah, North Brunswick, NJ.
- Axelbank, J. (1997, March). Computerizing your psychotherapy practice. Somerset County (NJ) Psychological Society, Somerset, NJ.
- Axelbank, J. (1996, May). Coping with the age issue in a job search. Professional Services Group, NJ Department of Labor, New Brunswick, NJ.
- Axelbank, J. (1996, February). Coping with the age issue in a job search. Professional Services Group, NJ Department of Labor, New Brunswick, NJ.
- Axelbank, J. (1988, September). Racism awareness workshop for freshmen, Rutgers College Dean of Students, Rutgers University, New Brunswick, NJ.
- Axelbank, J. (1988, April). Overcoming test anxiety, Rutgers College Residence Halls, Rutgers University, New Brunswick, NJ.
- Axelbank, J. (1988, April). Building intimacy workshop, Rutgers College

Residence Halls, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1988, March). Acquaintance rape, Rutgers College Residence Halls, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1988, March). Sexuality and choice, Rutgers College Residence Halls, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1988, February). Time management for freshman leaders, Rutgers College Counseling Center, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1988, February). Acquaintance rape, Rutgers College Residence Halls, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1988, January). A new beginning - Academic problem-solving workshop, Rutgers College Office of Academic Services, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1987, November). Conflict resolution, Rutgers College Governing Association, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1987, November). Leadership workshop for fraternity presidents, Rutgers College Office of Fraternity and Sorority Affairs, Rutgers University, New Brunswick, NJ.

Roy, K, & Axelbank, J. (1987, November). Racism awareness workshop, Rutgers College Residence Halls, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1987, November). Test anxiety mini-workshop, Rutgers College Student Center, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1987, November). Crisis intervention with Suicidal Callers, Women's Crisis Center, Rutgers University, New Brunswick, NJ.

Axelbank, J. (1987, October). Intimate relationships, Rutgers College Residence Halls, Rutgers University, New Brunswick NJ.

Axelbank, J. (1987, October). Overcoming test anxiety, Educational Support Program, Rutgers University, New Brunswick, NJ.