



Leslie Becker-Phelps, PhD, is a licensed psychologist who treats individuals and couples in her private practice in Basking Ridge, NJ. She writes for WebMD's Relationships blog and writes another blog called Making Change for Psychology Today. She is the author of *Insecure in Love* (2014). Read more at www.drbecker-phelps.com.

Marianne Dunne, PhD works full-time as a psychology faculty member at the College of Saint Elizabeth in Morristown, NJ where she teaches courses to undergraduate, MA, and doctoral students, and conducts research on various psychological topics. She maintains a part-time private practice in River Vale, NJ. Dr. Dunn has particular expertise in working with women experiencing perfectionism, anxiety, relationship concerns, and life transitions. Although her practice is mostly comprised of adults, she has training and expertise in working with teens as well. She is bilingual (English & Spanish) and underscores the importance of cultural sensitivity and competency in her clinical work.

Janie Feldman, PsyD, a licensed psychologist in Warren, NJ, has over 20 years' experience providing psychotherapy, consultation, and assessment to adults, teenagers, and children. Dr. Feldman conducts Friendship Groups, a form of social skills training in a group therapy format. Utilizing Cognitive-Behavioral Therapy, Dr. Feldman offers effective treatment for anxiety, depression, OCD, ADHD, and other mental health challenges. Appearing live on the cable television show *Real Life with Mary Amorosa*, she fielded callers' questions and discussed reactions to the 9/11 terrorist attack, surviving marital affairs, managing children's behavior, and exploring female aggression. Dr. Feldman wrote numerous articles and blogs, and frequently posts informative and inspirational tweets on Twitter. Follow her at @DrJanieFeldman or visit her at www.drjanie.com.

Daniel Gallagher, PhD is a licensed psychologist in private practice for 30 years; his background in related mental health professions extends through 40 years. Dr. Gallagher offers psychotherapy and coaching to children, adolescents, and adults throughout the lifespan as well as consult to a cross section of educators and health care professionals. His work and training includes schools, inpatient mental health facilities, senior facilities, community based centers as well as private practice. Dan brings an integrated approach to each situation he is asked to address. While recognizing that mental health difficulties are extensive and integrally connected with other health concerns, Dan also recognizes that all growth builds upon existing strengths, not merely reducing weaknesses and dysfunction. He works (and plays) to develop positive growth-oriented strategies for classroom and home functioning by helping kids and families realize that their strengths are always available to overcome their weaknesses.

Marianne Herzog, PhD, is a licensed psychologist in Pennsylvania and New Jersey. She provides mental health consultation with the children, families, and staff members of Early Head Start and Head Start programs in Philadelphia and Camden, which includes writing informational articles and presenting workshops on a variety of psychologically-related topics. Dr. Herzog provides psychotherapy in private practice in Lafayette Hill, PA. She draws on a variety of psychological perspectives in addressing such issues as anxiety, depression, parenting, life transitions, stress management, and relationship difficulties. She finds mind-body approaches to therapy particularly valuable, and includes mindfulness-based strategies in helping people discover their own unique strengths and paths to healing. Dr. Herzog is a member of the American Psychological Association (Health and Psychotherapy Divisions) and both the

Pennsylvania and New Jersey Psychological Associations. She is a member of both the Pennsylvania and New Jersey Psychological Associations' e-Newsletter Committees, and a contributor to their publications.

Michelle Miller, PsyD, is a licensed psychologist in New York and New Jersey who works for NYU Child Study Center in their Hackensack and NYC locations. She specializes in the application of Cognitive Behavioral Therapy (CBT) to Tourette's Disorder, autism spectrum disorders, body focused repetitive behaviors (such as obsessive compulsive disorder, skin picking, and trichotillomania), selective mutism, and eating disorders. Dr. Miller also has expertise in neuropsychological testing, including evaluations for autism spectrum disorders, learning disabilities, ADHD, and gifted children. For further information, please see her website: <https://nyulangone.org/doctors/1033590922/michelle-r-miller>

Michael D. Zito, PhD, is a New Jersey licensed psychologist with 33 years of experience practicing clinical and sport/performance psychology. He is a certified consultant through the Association of Applied Sport Psychology and an adjunct professor at Montclair State University, since 2004. Dr. Zito appeared on Channel 9/Fox News and his work was featured in the January 2012 issue of SELF magazine. He authored a chapter in the 2010 edition of the Routledge Handbook of Applied Sport Psychology titled Family Systems Interventions in Sport. He conducted over 30 sport psychology presentations/workshops at international, regional, and local venues. He is experienced with adult, collegiate, high school, and youth players, teams, and coaches in a variety of sports, and also Broadway actors and competitive chess players.